



## INFORMATION ABOUT YOUR TEMPORARY

A temporary is a filling or crown that is placed until the final filling or crown is made and ready to be placed. It is normal for the gum around your tooth to be a little sore when the numbness wears off. This should disappear by tomorrow. Do your best to chew on the opposite side until your next appointment. Chewing sticky foods may dislodge the temporary. It is not uncommon to have the following reaction or problems with the temporary.

### **It feels rough**

Please call us if it is making the tongue sensitive.

### **It came off**

This is probably the most common problem. The temporary is supposed to be able to come off easily and some foods will aide this. Stay away from sticky foods or gum. It is important that the temporary be in place, so give us a call so that we can re-cement it or you can put it back in with a denture adhesive until you can get in.

### **It feels high**

Come in so that we can adjust it. You can bruise a tooth if your bite is high.

### **It is not how I want the final restoration to look**

Don't worry; the permanent will look much better.

### **It is sensitive**

The temporary will not always fit, as the final restoration will, so there could be some sensitivity to hot and cold, as well as chewing. If it is too uncomfortable, please call us for an appointment. Use warm salt-water rinses (1tsp. Salt in 8 ounces of water) 3-5 times a day for 3 days, this will help clear the area and take the achiness away.

The temporary is very important. It protects the exposed tooth so it is not sensitive, prevents food from gathering in the preparation, and prevents the prepared tooth from shifting and moving thus making seating of the permanent more difficult. Use your toothbrush to clean the temporary as you normally do your other teeth. You will not be able to floss around your temporary as you may dislodge it.

If you have any questions concerning the temporary, please feel free to call. Remember, it will only be for two weeks and it will all be worth it when you get your beautiful final restoration.